



London is the capital of the United Kingdom. It began in AD 43 when the Romans set up a trading post. The City of Westminster began three kilometers (two miles) away around 1,000 years later. As London grew, the two cities became one.

Nottingham is in central England on the River Trent and is the home of a major university, an historic church, and many industries. It is very close to Sherwood Forest, the home of the legendary Robin Hood.

