

Ready, Set, Help

Who Are Helpers?

There are helpers all around us. If you need help getting something you can't reach, you can ask a parent, an older brother or sister, or someone in your house who is taller than you are. These people are helpers. How are you a helper?

Do you pick up your own toys? If you do, you are a helper.

Do you help clear the table after you eat? If you do, you are a helper.

Do you get something for someone if they are busy and ask you to get it for them? If you do, you are a helper.

Do you dress yourself so your mom or dad has time to get other things done they need to do? If you do, you are a helper.

Do you help your parents fold clothes after the laundry is done? If you do, you are a helper.

Do you help your parents unload the dishwasher after the dishes are done? If you do, you are a helper.

Do you make your own bed after you get up in the morning? If you do, you are a helper.

There are all kinds of ways to be a helper. The next page has a chart for a parent to fill in one way you help each day of the week, or you can use the page that has room for a chart and stickers for one way you help each day of the week.

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Special Helpers at the Airport

Now we know that everyone can be a helper, but there are some very special helpers we need to know about so we can ask them for help when we need it.

Have you ever gone to an airport? There are people there who help you do what you need to do to get on the right airplane that is going to the right place.



There is the person at the desk who helps you check in, makes sure you have your ticket, and lets you know where to wait for your airplane.



There is the person who makes sure your passport is ready to go if you are going out of the country.

Ready, Set, Help

Circle the person who makes sure no one at the airport is causing trouble.



Circle the person who helps the airplanes not to get all confused on the runways.



Circle the helper you would like to be if you could have one of these jobs at the airport.



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How Can You Help In An Emergency?

What would you do if there was an emergency and you needed to be a special helper? If a parent wasn't close by to tell you what to do, would you know what to do? What if you are visiting someone and they take you to the store? While you are there, you hear the fire alarm and smell smoke. How do you get out safely?

Do you know you should always stay very low to the floor if there is a fire and smoke? Smoke goes up, and the fresh air you need to breathe stays near the floor. If there is ever a fire when you are someplace, get down on your hands and knees and crawl out of the building as fast as you can. Then, you can get help for anyone who needs it.



You can see the boy is staying under the smoke so he can breathe the fresh air until he gets out of the building. Then, he can get help for anyone else who may need it.

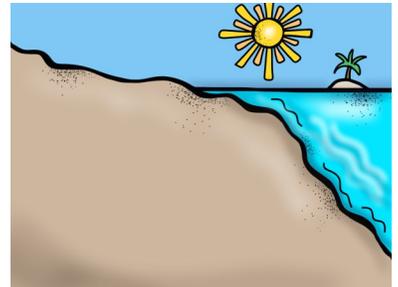
Ready, Set, Help



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