

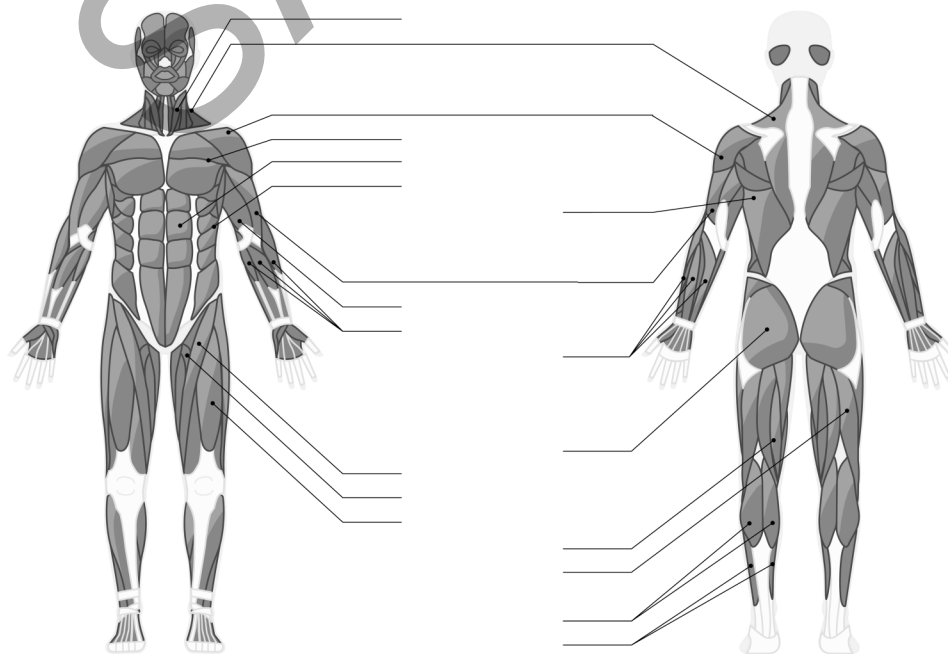
Adductor Longus

What part of the body is this muscle found in?

What does it connect to?

How do you use this muscle? What could you not do if this muscle was damaged?

Mark the line that points to this muscle on the diagram.



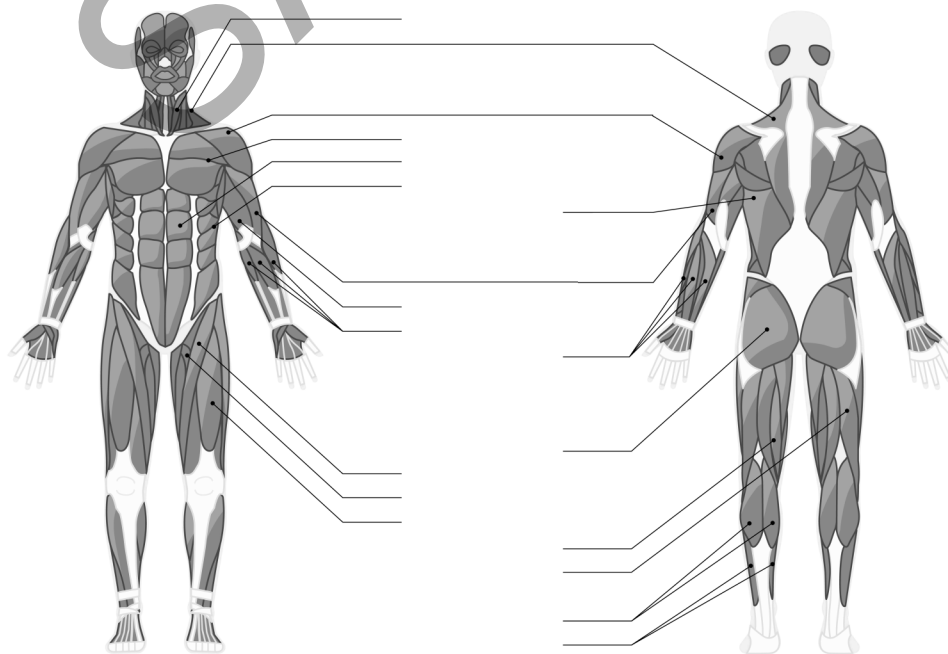
External Oblique

What part of the body is this muscle found in?

What does it connect to?

How do you use this muscle? What could you not do if this muscle was damaged?

Mark the line that points to this muscle on the diagram.



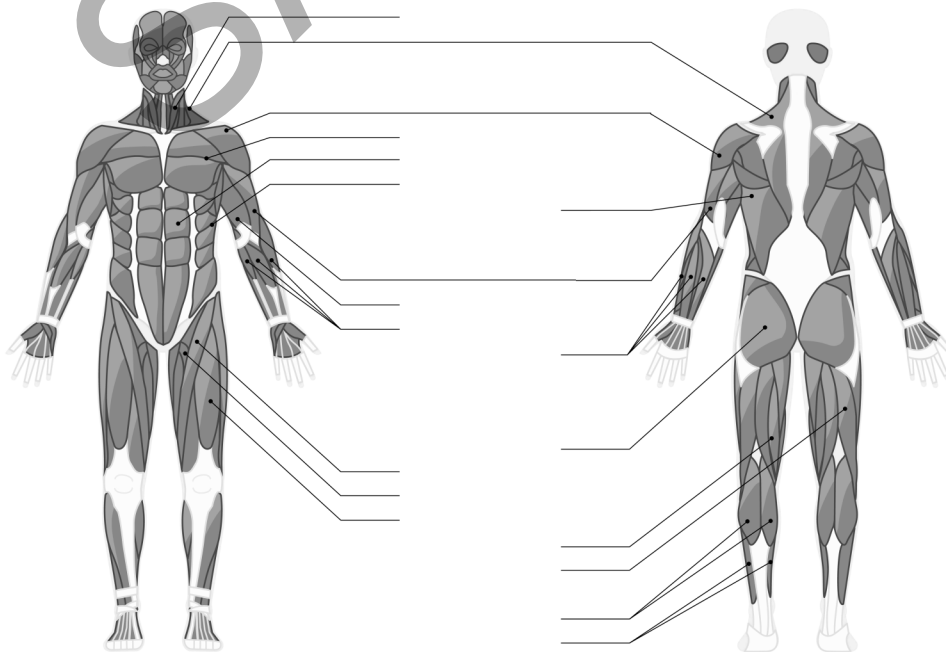
Rectus Femoris

What part of the body is this muscle found in?

What does it connect to?

How do you use this muscle? What could you not do if this muscle was damaged?

Mark the line that points to this muscle on the diagram.



Answer Key

